

## Táchééh For Young Men

The basic fundamentals of life taught to a young man is carried out in a Táchééh Ceremony, where father, uncles, grandfathers in nálii's and cheiis are invited to attend and participate. During the ritual, songs, prayers, sacred smoking and use of herbal medicine are used with teachings of becoming a young adult. Guardians; father, uncles, grandfathers and sometimes older brothers are the key people in performing the ritual because they have personally experienced the ritual during their time. Young man are taught the basic fundamentals of life with much intensive teaching on how to be a respectful person in K'é, being charitable and engrained with an utmost in modesty and as a humble disciplinary being in *T'ááhó ájít'eigo*. The essence of becoming a family man and parenthood are strongly emphasized; how to respect, appreciate and take care of a woman, how to treat a woman, constructing a home being a head of household and being adamantly strong spiritually.

Such traditional teachings were very sacred and carried through throughout one's life span, yet in today's society, we see many people, young people marrying while they're still children and bearing children. Children that were never exposed to this kind teaching take advantage of the contemporary ways of marriage as uniformed parents, simple because they were never exposed or taught the ideals of adult life and parenthood in general, as many have experienced the life of single parents, broken homes and divorces.