



# Navajo Department of Behavioral Health Services

Theresa Galvan, Health Services Administrator



## Mission Statement:

**“Providing Comprehensive Behavioral Health Services for Native Families”**

## Vision Statement:

**“Dine Be’iina Hoozhoogo Sila”**

Translation: In the Navajo Way of life there is beauty before you.

## DBHS Goals:

- To provide services which are designed to enhance, promote and expand the recovery, independence, self-sufficiency, self-esteem, and quality of life.
- Reduce chemical dependency symptoms of the affected client and communities.
- Support the integration of the client as a contributing member of the community.
- Encourage the client and their entire social system to be involved in the planning of treatment.
- Utilize a multi-systemic approach integrating western, traditional, and pastoral treatment/healing approaches.
- Expand access to services by fostering partnerships within the community served.

## ASAM Services:

American Society of Addiction Medicine

ASAM Level 0.5: Prevention and Early Intervention

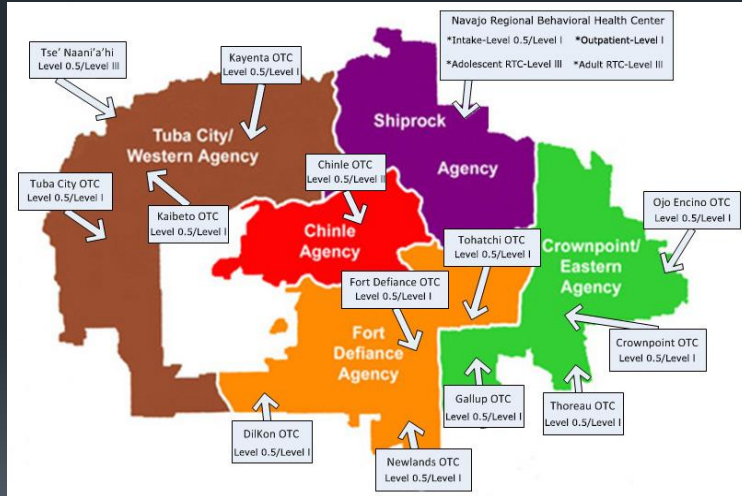
ASAM Level I: Outpatient Treatment

ASAM Level II: Intensive Outpatient/Partial

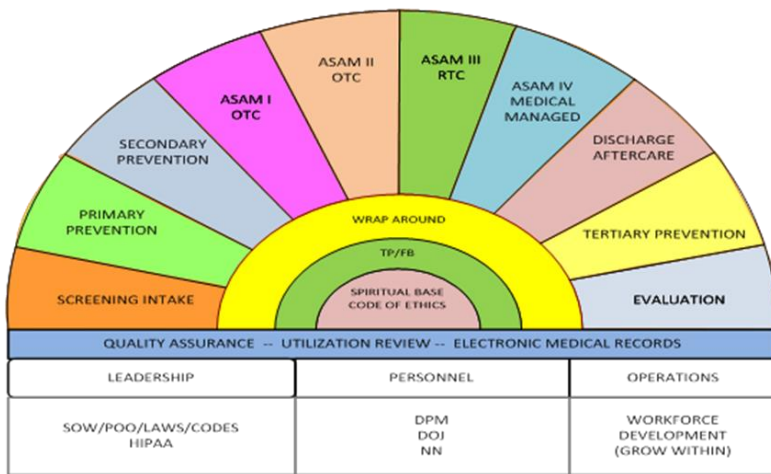
ASAM Level III: Residential/Inpatient Treatment

ASAM Level IV: Medically Managed Intensive Inpatient Treatment

## DBHS Sites:

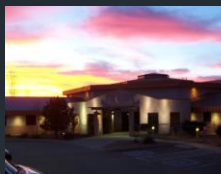


## Continuum of Care:



## Clinical Services:

- Screening/assessments
- Treatment planning
- Individual and group therapy
- Family therapy
- Adventure based counseling
- Crisis counseling/intervention
- Follow-up
- Residential care
- Case management Case staffing/consultation
- Clinical supervision.



## Prevention Program:

- Prevention
- Education
- Outreach
- Awareness
- Information about alcohol/substance abuse
- Trainings: Postvention, QPR, Motherhood/Fatherhood, etc.

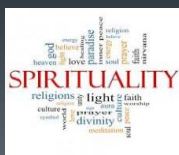
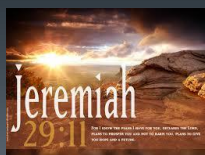


## Regional Behavioral Health Authority:

- Authorizes services for Navajo people with a wide range of behavioral health services such as those who are seriously mentally ill who exhibit impairment on their emotional and behavioral function which interferes with their function within a community.
- This population requires residential treatment to ensure management of their illness and safety.
- Intergovernmental Agreement with the State of Arizona

## Faith Base:

- On December 12, 2002, U.S. President George W. Bush issued an Executive Order on Equal Protection of the Laws of Faith-Based and Community Organizations
- In 2003, the Navajo Nation implements Executive Order
- Philosophy Statement: Faith-Based Treatment Component is based on the belief that man has fallen short of God's glory and need to restore his/her life through faith in God to have a change of heart and to begin a walk of faith with a peace of mind.
- Faith-Based Initiative Project Vision Statement: To provide Faith-Based related education and treatment utilizing Biblical values (teaching) to hurting souls and to make Faith-Based Treatment a stable treatment component within the department of behavioral health services in years to come.



## Traditional Practitioner:

- Intake/Assessments
- Case Staffing/Treatment Plans
- Traditional/Cultural Orientation and Curriculum
- Traditional Diagnosis
- Ceremonial Offerings such as:
  - Protection Way Ceremonies
  - Peyote Ceremonies
  - Blessing Way Ceremonies
- After Care



## DBHS Priorities:



## Projects and Initiatives:

- DBHS Standardization
- Mental Health Expansion
- Tribal Law and Order Act
- National Incident Management System & Incident Command System
- Dual Diagnosis Capability in Addiction Treatment (DDCAT)
- Commission on Accreditation of Rehabilitation (CARF)
- Navajo Nation Health Commitment Act
- Navajo Nation Veteran Act
- New Path – Federal Re-Entry
- Building Communities of Hope
- Traditional Healing and Faith Based Summit
- Youth & Elder Summit

## DBHS Next Steps:

- DBHS Epidemiology Surveillance
- DDCAT/Tribal Core
- Amend current DBHS Policy and Procedures
- Amend current Scope of Work
- Amend current Plan of Operation
- NetSmart – Electronic Health Record
- Single Audit Review and Compliance
- Navajo Nation Medicaid Agency
- Trainings: NIMS/ICS, FMIS, ASAM & DSM 5
- Strategic Planning



# Thank you!

Navajo Department of Behavioral Health Services

P.O. Box 709

Window Rock, Arizona 86515

Telephone: (928) 871-6235

Fax: (928) 729-4209