

Navajo Nation Tribal Action Plan II – Work Session

Evaluation Report | September 13-15, 2016 | Albuquerque, NM

Summary

Highest rated session:

4.45 | Problem Statements: Domestic Violence & Sexual Assault, Elder Abuse, Substance Abuse & Suicide

4.45 | Goal Identification: Domestic Violence & Sexual Assault, Elder Abuse, Substance Abuse & Suicide

Lowest rated session:

4.07 | Lunch Speaker: Justice Representative

Overall Evaluation

Question	Respondents	High	Low	Average
Workshop Used Quality Audio-Visual Aids	54	5	1	4.37
Workshop was the Right Length	54	5	2	4.46
Workshop was Well-Organized	8	5	3	4.38
Overall Evaluation Average:				4.40

Additional Comments/Suggestion for future workshops:

<ul style="list-style-type: none"> • After plan or resource development. • Recommend switch of tables (members) on first day versus second day. • Need results after all input. • We need Chapter officials here to help. • Bring in managers. • Was very boring and long. • We need PowerPoint presentation handout to write notes on. • Different hotel – the hotel services was not great. • The room was not adequate to provide for the foot track; keep safety in mind. • Zumba in the evening, too. • Ask participants to put away cell phones and stay engaged. • Develop rules before each meeting so everyone agrees to the rules. • Allow time for each group to introduce one another. • The first group presentation was taking too long. • Invite Medicine Man to help. • Need to invite the elders and Veterans program. • Have other primary resources. • Get Law Enforcement involved from all levels. 	<ul style="list-style-type: none"> • More of these. • Well done. • Keep it up, keep going. • Excellent. I hope these meetings continue, at least once a year. • All the training was very interesting, verbal issues across the Navajo Nation. Family Services sees all issues of DM, SA, and suicide among Navajo people. • Keep time limits on each section throughout the work session. • I was thinking we would discuss “involuntary commitment”. • Knowledge of a new resource to come to my community in a couple of months. • Full 3 days • OP/VP should continue this type of dialogue on annual basis for amending services or making changes. • Very well done. Will look forward to the next meeting and a compilation of all the plans. • Time limitation for presenting work was good. • It was a great workshop. • I learned more about what problems the Navajo Nation fear. I think this has been a great way to work on these issues. Keep up the good work.
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Overall Evaluation, continued

<i>Of all that you learned at the workshop, what do you consider the most valuable?</i>	
<ul style="list-style-type: none"> • To me, the group (team) discussions and breakout efforts were the most valuable, as input was provided from individuals. • Diverse minds, working together. • I learned a lot out of the work sessions. • Education and outreach programs. • The collaboration of resources. (2) • The most valuable was the forum – partnership building. • Meeting and greeting all agencies. It is important to know the individuals who are in departments. • Communication – translate to action. • I sincerely appreciate the guest speaker. They shared personal thoughts of their experience with the TAP topics. • Group’s discussion. • Elderly people/younger generation. • All the brainstorming coming up with recommendations and guidance. • Learned about the judicial system, tribal courts, and adolescent, and behavioral health programs. • The planning and collaboration from all departments to focus on each topic and bring or enlighten us with their views. • The energy of tribal workers exists for change to happen. Refreshing to hear that everyone knows weaknesses of government and wishes there would be more caring and compassion. • TAP – breakdown of silos. • Group discussion – it allowed me to come out of my shell and be more confident. Thank you. • How it is important to have resources on the Nation, we need them and establish these topics. • I think everyone’s opinion was most valuable because everyone had great thoughts and ideas. 	<ul style="list-style-type: none"> • All of it. • Purpose of the TAP; developing a plan for purpose of funding to address Nation’s needs. • People want change, they are hungry for it, I hope it happens and is lasting. • The last planning in putting the problem statement was a success. Learn something new in strategic planning – the approach. • All suicide, DM, and substance abuse – we all went through this – they think (the people) this is normal. • I think that everything I learned at the workshop is very valuable and helpful. • Brainstorming amongst different departments. Communicating. • I learned that at our table, it was hard to get resource staff to become solution forward. Many of the focal points were on the dis?. Overall very good. • The overall workshop was very beneficial; opening our minds through communication, discussion, and decision making. Thank you! • Trauma – psychological impact. • Continued efforts to seek effective outcomes. • Group discussions because to address any issue/problem/concern, there needs to be a team – more individuals working together bring strength, unity, and getting the job done. • The participation of the 3 branches making a positive impact on our Navajo people and future generations. • Working together as a team – judicial, executive, and legislative branches. • All entities coming together to work and make TAP possible.
Least valuable:	
<ul style="list-style-type: none"> • Speak English; I don’t understand all of what was said. • The verbiage. • Wellness activity, I don’t do Zumba. • Need handouts for work sessions. • Some people got very long winded and didn’t listen to instruction so it dragged on. 	<ul style="list-style-type: none"> • Blaming each other because it doesn’t help anyone. • Let’s keep focus in the agenda. • Diet snacks needed; fruit, nuts, veggies, etc. Too many pastries.

Day One | September 13, 2016

Pre-Workshop Discussion: Effects of Trauma

Question	Respondents	High	Low	Average
Subject/Usefulness	46	5	3	4.39
Materials	43	5	1	3.86
Speaker	45	5	2	4.29
Session Average:				4.18

Positive Presentation Feedback

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| <ul style="list-style-type: none"> • Very eye opening. • A lot of thinking and sharing of information. • Dr. Ornelas's presentation was very interesting – enjoyed it. • Dr. Ornelas was a great speaker. Maybe next workshop she can be given more time. • I came in at the end of the presentation, but I was able to obtain new information. | <ul style="list-style-type: none"> • Good discussion. • I loved the presentation. • Very knowledgeable, I appreciate their understanding of cultural values. • Besides psychological issues that impact trauma, good to know what societal problems impact trauma. • Was a good discussion |
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Opportunities for Improvement

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| <ul style="list-style-type: none"> • Should have hand-out on paper • Livingston, while subject was interesting and important, she didn't hold the attention of the group. | <ul style="list-style-type: none"> • Dr spoke about problem solving with DM and other issues. Resources – no after care, hardly any shelter, family coalition, so not a lot of problem solving... • Visuals hard to read at times, request handouts or access to PowerPoint. |
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Day Two | September 14, 2016

Wellness Activity: Zumba

Ralph Roanhorse

Question	Respondents	High	Low	Average
Subject/Usefulness	15	5	3	4.40
Materials	15	5	3	4.33
Speaker	15	5	3	4.53
Session Average:				4.42

Positive Presentation Feedback

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| <ul style="list-style-type: none"> • Keep this available, for those who can be flexible. • It was a lot of fun and I enjoyed it. | <ul style="list-style-type: none"> • I had a great time! We should do more! |
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Day Two Evaluation, continued

Overview of Tribal Action Plan Work Session II

Alisha Thompson

Question	Respondents	High	Low	Average
Subject/Usefulness	62	5	1	4.27
Materials	61	5	1	4.07
Speaker	61	5	1	4.21
Session Average:				4.18

Positive Presentation Feedback	
<ul style="list-style-type: none"> All were good information. The kick off was good. Very glad and thankful that the information is on the Judicial Website. Grateful that the Navajo Nation is leading this effort. 	<ul style="list-style-type: none"> Good information on letting groups know the background of TAP and what the goals are. Good to hear what we are doing and the plan developed so far. Great session
Opportunities for Improvement	
<ul style="list-style-type: none"> The team needed to get organized, but it was the start. Explanation of the difference with options was later explained. 	<ul style="list-style-type: none"> Handouts would have been helpful.

Problem Solving: Communication Challenges

Question	Respondents	High	Low	Average
Subject/Usefulness	62	5	3	4.37
Materials	62	5	2	4.23
Speaker	62	5	3	4.31
Session Average:				4.30

Positive Presentation Feedback	
<ul style="list-style-type: none"> I found this portion to be educational and worthwhile. There was valuable dialogue amongst the group (group D). Communication is vital and needs to be addressed to everyone. Easy to list challenges but harder to list solutions. Enjoyed the collaboration and communication. Good. Was good to discuss the problems that impact communities. Was good to hear people's thoughts. 	<ul style="list-style-type: none"> Great way to organize tables; it made for interesting discussions. Communication skills are a big problem between programs. Very interesting topics. Enjoyed working together with other departments to come up with a solution. Enjoyed being part of the group. Met new people from different departments/organizations. This was a good exercise – our group had excellent discussion.

Day Two Evaluation, continued

Opportunities for Improvement	
<ul style="list-style-type: none"> Facilitator tended to push his own views and only listed certain views, not all members input, which disengaged some members. No clear instruction to address project given to groups. 	<ul style="list-style-type: none"> Need handouts. The process was difficult to follow today. The level of understanding needed clarification from the team leader in the group setting. Otherwise, the participation with the group was good.

Lunch Speaker: Justice Representative

Question	Respondents	High	Low	Average
Subject/Usefulness	62	5	2	4.11
Materials	59	5	1	3.93
Speaker	63	5	2	4.16
Session Average:				4.07

Positive Presentation Feedback	
<ul style="list-style-type: none"> Nizhoni' Good information. (3) The comments were useful. Thank you for involving PD – a total approach is an excellent start. 	<ul style="list-style-type: none"> Strongly agree, because the DM, substance abuse and suicide is a growing factor. Very strong words from Justice Shirley
Opportunities for Improvement	
<ul style="list-style-type: none"> Good information, but it interfered with collaboration and networking with people at our table. 	

Problem Statements: Domestic Violence and Sexual Assault, Elder Abuse, Substance Abuse and Suicide

Question	Respondents	High	Low	Average
Subject/Usefulness	61	5	3	4.54
Materials	61	5	3	4.33
Speaker	61	5	2	4.48
Session Average:				4.45

Positive Presentation Feedback	
<ul style="list-style-type: none"> I found this portion to be educational and worthwhile. There was valuable dialogue amongst the group (group D). Good information and brainstorming. Was good to work on issues that are a problem The group leader was good. I enjoyed the reasoning and the approach that was taken to have 	<ul style="list-style-type: none"> Presentation by groups was very enlightening and see similarities in some areas of discussion. Very productive Strongly agree – the problem is rising, we need to stop this. Focus on suicide. Problem solving with different agencies, programs,

<p>the team players join in on the discussion.</p> <ul style="list-style-type: none"> • Good discussion that encourages/increases knowledge. 	<p>and entities was positive. We learned about each program, then moved to problems solve.</p>
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Day Two Evaluation, continued

<i>Opportunities for Improvement</i>	
<ul style="list-style-type: none"> • We need more time. • Departments need to stop putting blame on each other. • Elder Abuse was not a topic! Need to stay on task, individual group not following instruction and not following allotted time given. 	<ul style="list-style-type: none"> • Behind schedule; we need to stay on schedule. • Need more stats/data – put everyone on the “same page”.

Goal Identification: Domestic Violence and Sexual Assault, Elder Abuse, Substance Abuse and Suicide

Question	Respondents	High	Low	Average
Subject/Usefulness	58	5	3	4.52
Materials	58	5	2	4.38
Speaker	58	5	2	4.45
Session Average:				4.45

<i>Positive Presentation Feedback</i>	
<ul style="list-style-type: none"> • I found this portion to be educational and worthwhile. There was valuable dialogue amongst the group (group D). • Need to practice or implement. • Goal identification was a struggle. We all had great ideas, but summarizing to include every aspect was a challenge. Loved the collaboration. • Brainstormed our topic and developed a problem statement. 	<ul style="list-style-type: none"> • Very productive • It was good to see a community member involved listening to his side of his situation. • The team discussion was good. • Strong points – Dine’ teaching. Dine’ based teaching of staff not only in DBHS other Department resources of DBHS. We need to be one as team like the Twin Warriors to overcome and address such difficult issues.
<i>Opportunities for Improvement</i>	
<ul style="list-style-type: none"> • English, please. I want to be a part of the solution to the problems in the Navajo Nation, but I cannot understand what is being said. • Not really focused on elders; need to focus on elders. 	<ul style="list-style-type: none"> • Need more time. • There is much “negative” that it is impossible to achieve. This cognitive thinking needs to change as leadership needs to make these social change happen.

Day Three | September 15, 2016

Wellness Activity

Question	Respondents	High	Low	Average
Subject/Usefulness	23	5	3	4.43
Materials	23	5	3	4.43
Speaker	23	5	3	4.43
Session Average:				4.43

Positive Presentation Feedback

- Had a great time – I’m so sore!
- Thank you, Mr. Roanhorse – fitness is a great way to unwind.
- It was a lot of fun and great start for the day.

Objective Development: Domestic Violence and Sexual Assault, Elder Abuse, Substance Abuse and Suicide

Question	Respondents	High	Low	Average
Subject/Usefulness	55	5	3	4.40
Materials	55	5	2	4.29
Speaker	55	5	2	4.36
Session Average:				4.35

Positive Presentation Feedback

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| <ul style="list-style-type: none"> • This section was challenging as the group had to be mindful in distinguishing between the goals and objectives. • The tram leaders was excellent today. I enjoyed the discussion with the other resources. There is much challenges that the Navajo Nation needs to overcome. • Enjoyed the team discussion. • Liked the interaction with groups. | <ul style="list-style-type: none"> • Problems is not enough police, judicial system needs money to do proper and efficient or effective needs. Also, Department of Family Services need money for/to service people a proper way of using Navajo traditional way. • Positive collaboration. • Developing objectives for each was wonderful; using SMART technique. • Our team were very instrumental and respected each other’s comments, input, and discussion. |
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Opportunities for Improvement

- There was no real direction given for group to follow. Too many different views and objections from different departments. More education is needed so everyone has an understanding of what departments do.

Day Three Evaluation, continued

Lunch Speaker: Bureau of Indian Affairs

Question	Respondents	High	Low	Average
Subject/Usefulness	55	5	3	4.22
Materials	52	5	1	3.96
Speaker	55	5	2	4.25
Session Average:				4.14
Positive Presentation Feedback				
<ul style="list-style-type: none"> • Very valuable information. • Mrs. Pinto – speech was good. I hope she meant every word. I wish I recorded her speech, but I didn't. 		<ul style="list-style-type: none"> • Wow! Just a few CI police, not enough police officers – I wish the Navajo taboo was not there! • Good information about what CI is going through. • PI work is an eye opener. Thankful for the information shared by him. Ms. Pinto's information related to various budgets of programs. 		
Opportunities for Improvement				
Ms. Pinto could have left contact information so anyone that has any questions can contact her directly.				

Leadership Panel Discussion

Question	Respondents	High	Low	Average
Subject/Usefulness	49	5	2	4.31
Materials	43	5	2	4.21
Speaker	49	5	2	4.35
Session Average:				4.29
Positive Presentation Feedback				
<ul style="list-style-type: none"> • This will be an issue that also affects their own families and the Red Tape of all Navajo Nation rules and regulations of traditional old ways of Navajo Nation. Remember McDonald was impeached for this way. • Good information. • Was great to have the VP join us. 		<ul style="list-style-type: none"> • Excellent presentation by Chief Justice. His speech was positive, clear and very concise with the topics of TAP. I enjoyed his speech on talking about how his grandchildren. • Positive responses. • Questions were all answered very well. • Very valuable input explaining the overall structure idealism of the Navajo Nation government. • Great questions – learned something new. 		
Opportunities for Improvement				

- Leaders should be at the work session from the beginning to the end. How else could key players understand?

- No materials were provided.