

Navajo Nation Tribal Action Plan II - Work Session

"Empowering and Strengthening Healthier Generations"

September 13-15, 2016 | Sheraton Airport- 2910 Yale Blvd SE, Albuquerque, NM

Day 1: September 13, 2016

- 4:00 p.m. – 5:00 p.m. Open Registration for early arrival
- 5:00 p.m. – 7:00 p.m. Pre-Workshop Discussion: Effects of Trauma

Day 2 – September 14, 2016

- 6:00 a.m. – 7:00 a.m. Zumba with Ralph Roanhorse
- 7:00 a.m. – 8:30 a.m. Registration
- 8:30 a.m. – 8:40 a.m. Invocation by Invitation
Welcome by Norman M. Begay, Council Delegate, Alamo & To'hajiilee
- 8:40 a.m. – 9:00 a.m. Overview of Tribal Action Plan Work Session I
- 9:00 a.m. – 10:00 a.m. Problem Solving: Communication Challenges
- Groups identify barriers to communication
 - Groups identify solutions to address barriers
 - Group report out to the larger Group
- 10:00 a.m. – 10:15 a.m. **Break**
- 10:15 a.m. – 12:00 p.m. Problem Solving, continued: Communication Agreements
- Groups identify Communication "agreements" to reduce communication challenges moving forward
- 12:00 p.m. – 1:00 p.m. **LUNCH:** *Provided by Navajo Nation Department of Behavioral Health Services
Lunch Remarks by a Justice Representative*
- 1:00 p.m. – 2:45 p.m. Problem Statements: Domestic Violence and Sexual Assault, Elder Abuse, Substance Abuse and Suicide
- Review of draft Problem Statements for each topic area
 - Groups will provide feedback and possible enhancements
 - Groups report out to the larger group
- 2:45 p.m. – 3:00 p.m. **Break**

Day 2 – Continued

- 3:00 p.m. – 4:15 p.m. Goal Identification: Domestic Violence and Sexual Assault, Elder Abuse, Substance Abuse and Suicide
- Groups will identify 3-4 goals for each draft Problem Statement
 - Report out to the larger group
- 4:15 p.m. – 4:30 p.m. Review of day and of Day 3 agenda
Reflection on the day

Day 3: September 15, 2016

- 6:00 a.m. – 7:00 a.m. Wellness Activity
- 7:00 a.m. – 8:30 a.m. Registration
- 8:30 a.m. – 8:40 a.m. Invocation by Invitation
Overview of Day One
- 8:40 a.m. – 10:00 a.m. Objective Development: Domestic Violence and Sexual Assault, Elder Abuse, Substance Abuse and Suicide
- Groups will identify Specific, Measurable, Achievable, Relevant and Time-bound (S.M.A.R.T.) Objectives for each draft Goal identified
- 10:00 a.m. – 10:15 a.m. **Break**
- 10:15 a.m. – 12:00 p.m. Objective Development, continued
- 12:00 p.m. – 1:00 p.m. **LUNCH:** *Provided by Navajo Nation Department of Behavioral Health Services
Lunch remarks by Bureau of Indian Affairs*
- 1:00 p.m. – 2:45 p.m. Objective Development, continued
- Objectives Groups swap to provide enhancements
 - Groups report out on “a-ha” moments and observations about the draft plan
- 2:45 p.m. – 3:00 p.m. **Break**
- 3:00 p.m. – 4:00 p.m. Leadership Panel Discussion:
- President Russell Begaye
 - Vice-President Jonathan Nez
 - Chief Justice Allen Sloan
 - Speaker of the Navajo Nation Council Lorenzo Bates
 - Director Sharon Pinto, Bureau of Indian Affairs Navajo Region
- 4:00 p.m. – 4:30 p.m. Review and Next steps
Benediction