

## Suicide Post Vention Crisis Response Team Members

Department of Health

Department of Behavioral Health

Law Enforcement

Criminal Investigations

Division of Social Services

Dine College

lina Counseling Services

Emergency Medical Services (EMS)

Volunteer Fire Department

Northern Navajo Medical Center

Four Corners Regional Health Center

Utah Navajo Health

Dzilth-na-o-dilth-hle Health Center



### Northern Crisis Response Alliance

-----

Navajo Law Enforcement  
505-368-1350/51

Northern Navajo Medical Center  
505-368-6001

Navajo Regional Behavioral Health Center (NRBHC)  
8am - 5pm 505-368-1050  
NRBHC, Sidney Brown, PsyD  
8am - 5pm 505-368-1433  
24/7 928-551-0508

NRBHC, Michelle Brandser, MS  
8am - 5pm 505-368-1467  
24/7 928-551-0394  
Shiprock, NM 87420



An initiative of the Navajo Nation to prevent  
suicides and other self harm



[#suicideprevention](#)

# What is Post Vention?

Postvention is an intervention conducted after a suicide, supporting family, friends, professionals, and peers.

Postvention is described as “appropriate and helpful acts that come after a dire event.” Alleviating the effects of stress in the survivors whose lives are forever altered. Helping survivors cope with the loss they have just experienced.

The goal is to

- Support and debrief those affected.
- Reduce the possibility of suicide contagion.

Interventions recognize that those mourn by suicide may be vulnerable to suicidal behavioral themselves and may develop complicated grief reactions.

## Suicide Crisis Response Team

The Suicide Crisis Response Team (SCRT) is made up of professionals and para-professionals from the Department of Behavioral Health, Ina Counseling, Navajo Social Services, Dine College, Department of Health, Utah Navajo Health System, and NAIHS including the Northern Navajo Medical Center, Four Corner Regional Health Center, Dziłth-na-o-dith-hle Health Center.

## The Suicide Crisis Response Team

- Physically go to the scene of the suicide to begin helping the survivors to cope with their loss as close to the events as possible. Members of this team can provide access to the needed resources and can begin the grieving process at the scene of the death.
- Since the SCRT includes survivors as the scene, an immediate and meaningful bond is established between the newly bereaved individuals and the para-professional surveyor team members. This bond allows for the start of a conversation about the grief and the potential for hope of a suicide between the bereaved and the SCRT members.
- The SCRT has a strong relationship with other first responders, such as, law enforcement officers, criminal investigators, emergency service responders, fire department responders, funeral home representatives, emergency financial assistance staff, and more. This relationship allows the newly bereaved to have a larger variety of choices in

regards to coping with a suicide compared to other survivors who might not have access to this program.

- The SCRT provides referrals for additional support to all survivors and individuals at the scene of the suicide.
- The SCRT has changed the scene of the suicide to a more “concerned and caring environment” for all survivors, responders, and individuals.

## Training offered to the Team and community members

- Mental Health First Aid (Public Safety, Adult Basic, and Youth courses)
- Question, Persuade, and Refer (QPR) Suicide Prevention.
- Suicide Prevention for Community and Law Enforcement
- Crisis Intervention Training: Mental Illness Encounters and Interventions.
- Non-violent Crisis Intervention (CPI)

**You matter to me!**

**1-800-SUICIDE**

**1-800-TALK**

**#suicideprevention**